

**CONFIDENTIAL CASE HISTORY**

**WELCOME TO DISCOVER CHIROPRACTIC FAMILY WELLNESS CENTRE**

**THE IMPORTANCE OF THIS FORM AND YOUR PRIVACY**

**DATE:** \_\_\_\_\_

This information will be used to assist the doctor in making the best choices for your examination AND for deciding how chiropractic care can best help you. Please answer all questions and when there are “none” or “non-applicable” please indicate. The information collected **will be kept confidential** and will only be used for clinical purposes. It **WILL NOT** be shared with anyone else without YOUR express permission.

Care Card PHN# \_\_\_\_\_ Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Birth date (M/D/Y) \_\_\_\_\_ Age \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_ Occupation \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Name of Spouse \_\_\_\_\_ Names/ages of children \_\_\_\_\_

Name and number of Emergency Contact \_\_\_\_\_

How did you find out about our office? \_\_\_\_\_

If you were referred to our office, whom may we thank? \_\_\_\_\_

**STOP!! PLEASE READ!!!** The purpose of today’s visit is to provide the most complete physical examination most people have ever had. **ONLY in EXCEPTIONAL circumstances will any adjustments be performed** prior to your file being carefully analyzed and the findings presented (usually on your next visit). This approach is consistent with any significant health-related procedure. You will find that the two things we never compromise are YOUR HEALTH and OUR REPUTATION. **The fee for today’s examination is \$50.** If you strongly desire an adjustment and the doctor determines that is acceptable to do so, the regular adjustment fee of \$40 will be added to the examination fee. **(Total fee = \$90)**

**PLEASE INITIAL HERE indicating that you have read and understand this section:**

\_\_\_\_\_

**CURRENT AND PAST BODY SIGNALS INDICATING UNDERLYING DYSFUNCTION**

*Please indicate which of the following body signals apply (use “C” for current and “P” for previous):*

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Headaches                  | <input type="checkbox"/> Back Pain                 | <input type="checkbox"/> Neck Pain          | <input type="checkbox"/> Pins/Needles in Arms/Leg     |
| <input type="checkbox"/> Shoulder Pain              | <input type="checkbox"/> Stress                    | <input type="checkbox"/> Muscle Tension     | <input type="checkbox"/> Overall Joint Pain/Stiffness |
| <input type="checkbox"/> Difficulty Walking/Sitting | <input type="checkbox"/> Difficulty Driving        | <input type="checkbox"/> Difficulty Working | <input type="checkbox"/> Difficulty Lifting/Bending   |
| <input type="checkbox"/> Weakness                   | <input type="checkbox"/> Loss of Balance/Dizziness | <input type="checkbox"/> Fatigue            | <input type="checkbox"/> Loss of Coordination         |
| <input type="checkbox"/> Frequent Colds/Flu         | <input type="checkbox"/> Ringing in Ears           | <input type="checkbox"/> Sinus Problems     | <input type="checkbox"/> Diarrhea/Constipation        |
| <input type="checkbox"/> Indigestion                | <input type="checkbox"/> Sleeping Problems         | <input type="checkbox"/> Allergies          | <input type="checkbox"/> Asthma                       |
| <input type="checkbox"/> Anxiety                    | <input type="checkbox"/> Depression                | <input type="checkbox"/> Moody/Irritable    | <input type="checkbox"/> Lack of Concentration        |
| <input type="checkbox"/> High Blood Pressure        | <input type="checkbox"/> Vision Problems           | <input type="checkbox"/> Poor Memory        | <input type="checkbox"/> Menopausal Difficulties      |
| <input type="checkbox"/> Fertility Dysfunction      | <input type="checkbox"/> Prostate Dysfunction      | <input type="checkbox"/> Sexual Dysfunction | <input type="checkbox"/> Menstrual Difficulties       |

**Are any of your friends or family suffering from any of these dangerous body signals?** Yes  No

If so, who? \_\_\_\_\_

**Have you been under chiropractic care before?** Yes  No  What was the date of your last visit? \_\_\_\_\_

Was your experience positive, negative or neutral? \_\_\_\_\_ Why? \_\_\_\_\_

**Do you wear orthotics or special shoe inserts?** Yes  No  How old are they? \_\_\_\_\_

**REASON FOR YOUR VISIT**

Is this a WCB Case? (work related injury)	Yes <input type="checkbox"/> (see form WCB)	No <input type="checkbox"/>
Is this an ICBC Case? (motor vehicle accident)	Yes <input type="checkbox"/> (see form ICBC)	No <input type="checkbox"/>

What brought you into our office/What is your main concern? \_\_\_\_\_

When did the first symptom of this underlying dysfunction arise? \_\_\_\_\_

Have you had this problem before? Yes  No

Is there a specific event that caused your current concern? (describe) \_\_\_\_\_

Are your symptoms:            Constant            Intermittent            Daily

Do your symptoms stay in the same place or do they radiate? If so, where? \_\_\_\_\_

What is the intensity of your pain/symptoms on a scale of 1 to 10? (10 being the worse) \_\_\_\_\_

Describe the character of your pain/symptoms (dull, achy, sharp, throbbing, numbness etc) \_\_\_\_\_

What aggravates your symptoms? \_\_\_\_\_

What relieves your symptoms? \_\_\_\_\_

Anything associated with your pain/symptoms? (wake you at night, problem urinating, fever etc) \_\_\_\_\_

Does this problem interfere with:            Work            Sleep            Daily routine            Moods

Are your problems:                            getting worse            getting better            staying the same

Other Doctors/Therapists that have treated this condition \_\_\_\_\_

What treatments were given? \_\_\_\_\_

Were X-rays taken? \_\_\_\_\_

Do you have any other concerns? \_\_\_\_\_

Have you ever had surgery? Yes  No

Describe \_\_\_\_\_

Have you been diagnosed with any medical conditions? Yes  No

Describe \_\_\_\_\_

Are you now using or have you ever used prescription drugs? Yes  No

Describe **PAST** \_\_\_\_\_

**CURRENT** \_\_\_\_\_